



BREAKFAST MENU

Coffee or hot chocolate
Orange juice or apple juice

OPTION 1

English muffin
Toasts
Fruit salad
½ Orange

OPTION 2

Cereals
Toasts
Fruit salad
½ Orange

OPTION 3

1 hard-boiled egg
2 pieces of cheese
Toasts
Fruit salad
½ Orange

OPTION 4

Scrambled eggs
3 Sausages
Beans with bacon
Fruit salad
½ Orange